

Garden City Figure Skating Club

Membership Application

Enclosed are forms for member registration with the GCFSC and USFSA. This package includes membership applications, a Volunteer Survey, Health Release/Waiver Form, Anti-Bullying Contract and a copy of the GCFSC Ice Rules & Procedures. Please review the Ice Rules & Procedures with your skater, sign, and mail it with the following items.

1. GCFSC Membership Application
2. GCFSC Membership Fee
3. Health Consent & Waiver of Responsibility and
4. Hospital and Medical Release
5. Signed GCFSC Ice Procedures and Rules Form
6. Signed Anti-Bullying Contract
7. Volunteer Sign-Up Form
8. Skater Code of Conduct
9. Parent Code of Conduct (if applicable)
10. Coach Code of Conduct (if applicable)
11. Professional Information (if applicable)
12. Volunteer Service Fee of \$50.00. If a check is used it must be dated June 30,2024

GCFSC Forms

Complete the GCFSC Membership application, Volunteer Sign-Up Form, Health Consent and Waiver of Responsibility and Hospital and Medical Release Form, GCFSC Ice Procedures and Rules Form, Anti-Bullying Contract and Professional Information (if applicable). New applicant applications will be presented for approval at the next Board of Directors meeting.

Mid-Year Club Transfers

USFSA applications are to be processed through your “Home Club”. If you are changing your home club, you must have a signature of release from the previous home club on the USFS membership registration form before it can be submitted to the membership chair of your new club. *USFS Member Services will not process the change unless this form is filled out in its entirety.* By signing the “Previous Home Club Signature” line, the membership chair of the previous club signifies that the departing member has fulfilled all financial obligations. The new home club will not accept the application if this line is not signed.

Restrictions

- GCFSC registrations forms must be complete to ensure timely approval and competition eligibility. - Membership Application and fees must be received before attending any Club functions after June 30,2023. This includes summer activities, if any.

Mail your completed forms (and check payable to GCFSC) to:

Garden City Figure Skating Club
Membership Chair
29933 John Hawk
Garden City, MI 48135

Should you have questions, please contact gardencityfsc@gmail.com

**Garden City Figure Skating Club
Membership Application
2023/2024**

Membership expires June 30, 2024

Circle Membership Choice: First Club Second Club

Skater's Name _____

Parent Name _____

Address: _____

City: _____ State: _____ Zip: _____

Skater's Age _____ Birthdate _____ USFS # _____

Learn to Skate Level (current) _____

Highest Test Passed to Date: Moves _____ Pairs _____ Dance _____

Freestyle _____ Other: _____

Home Club (if applying for Second Club) _____

Coach's Name _____ Phone # _____

Parent e-mail Address _____

Phone Number: Home _____ Cell _____

Membership fees: (Renewed annually June 30th)

First Club

Member (includes one parent) \$145.00 _____ Introductory \$70 _____ Additional First Club family member/skater \$40.00 _____ Introductory \$25 _____ First Club Member (>18 w/o parent) \$100 .00 _____

Collegiate Membership (4 year term) \$155.00 _____

Professional Adult (non-testing/non-competing) \$75.00 _____

Non-Skating Adult Member \$70.00 _____

Second Club

Member \$45.00 _____

Volunteer Hours not submitted \$50.00 _____

HEALTH CONSENT and WAIVER OF RESPONSIBILITY

It is hereby understood and agreed that in consideration of the Garden City Figure Skating Club conducting a figure skating program in accordance with USFSA procedures, I agree to abide by the constitution and by-laws and policies of the GCFSC. I understand that all adult First Club members will be required to volunteer 10 hours per year (Second Club members will be required to volunteer 5 hours) and I may be charged a non-participation fee of \$50 if I do not fulfill this requirement. The Garden City Figure Skating Club takes no responsibility for damage or injuries suffered by any skater. As a condition of, and in consideration of the enrollment, all enrollees and their parents and guardians shall be deemed to agree to assume all risks of injury to their person and property resulting from or caused by, or connected with conduct and management of the Garden City Figure Skating Club, and to waive and release any and all claims which they may have against the Garden City Figure Skating Club, its officers, and/or employees and staff.

HOSPITAL AND MEDICAL RELEASE

I (we) _____ as parents/guardians of _____ Do hereby authorize the GCFSC to seek emergency medical treatment for my child, if deemed necessary. I understand all efforts to reach me(us) will be made at the following phone numbers.

1. _____ Phone _____

2. _____ Phone _____

3. _____ Phone _____

Skater's physician _____ Phone _____

Insurance _____ Phone _____

Policy # _____ Group # _____

Parent(s)/Guardian(s)/Adult Skater signature _____

Date _____

FREESTYLE ICE PROCEDURES

The following rules explain how FREESTYLE ICE will be run. The intent is to provide a smooth-running program that allows skaters the opportunity to progress towards their individual skating goals. All participants will be expected to follow these procedures as closely as possible. Under special circumstances, some deviation may occur upon agreement of the professionals, skaters, and ice monitor in charge of a particular session.

1. During a lesson or when entering the ice, skaters and pros must check for other skaters and not interrupt the flow.
2. Music will be placed at the end in the order that it is received.
3. Each skater will have only one song played during their turn and must wait for their turn again for a second song to be played.
4. Music may be withheld for a lesson and played at the pros request.
5. **PRO REQUESTS** – A pro request is honored *once* per freestyle session if a lesson is being given.
6. Skaters who refuse their music or are off the ice when their name is called will lose their turn.
7. Continuous use of the same area of the ice for teaching should be avoided.
8. Parents and all observers are *not* permitted to stand along the boards *or in any other way interrupt* skaters or pros on the ice.
9. Complaints and suggestions should be put in writing.

GCFSC ICE RULES

The following rules apply to all **CLUB ICE** times. You are being asked to always obey the following ice rules. Should you choose not to obey these rules, **you will be told to leave the ice for the remainder of the session with no refund.** Skaters must obey the monitor in charge. The ice monitors have the authority to remove a skater from the ice. A warning may be given but is not mandatory in all cases. If a skater is removed from the ice repeatedly, he/she can be taken before the board for further disciplinary action.

1. Skaters and parents are **NEVER TO INTERRUPT** another skater's lesson.
2. **NO** sitting or standing around the boards or grouping on the ice. If you are not skating, leave the ice.
3. Keep your head up and be always aware of your surroundings.
4. **NO** eating, drinking, or chewing gum on the ice.
5. Kicking the ice or dragging the toe pick on the ice is cause for automatic removal from the ice.
6. The skater whose song is being played has the right of way and **ONLY** at that time may a **POLITE** "Excuse Me" be used. **NO foul or abusive language will be tolerated.**
7. Parents and all observers are not permitted to stand along the boards or in any way interrupt the skaters or pros on the ice (i.e., no instruction from the bleachers).

Skater Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Anti-Bullying Contract

The Garden City Figure Skating Club Board of Directors is committed to creating the best possible environment for skaters to positively impact their growth and development through the sport of figure skating. The environment that best produces this is one where everyone feels safe, secure, accepted, and nurtured regardless of color, race, ethnicity, national origin, gender, age, sexual orientation, family status, popularity, religion, size, or athletic ability. To meet this goal, there can be no bullying. Bullying in any form will not be tolerated and may result in dismissal from the Club.

Bullying is defined as intentional, written or electronic aggressive behavior that can take many forms including verbal, physical, social, emotional, and cyber bullying. It can be any combination of these behaviors. Bullying can consist of one skater bullying another, a group of skaters ganging up on one lone skater or one group targeting another group.

Bullying can take the form of:

- Physical attacks such as pushing, shoving, hitting, or kicking
- Taking or damaging belongings
- Verbal assaults such as name calling, threats, or insults
- Creating a hostile environment
- Ridiculing, harassing, intimidating, or repeated teasing

Bullying can also take on more indirect forms such as:

- Spreading malicious gossip or rumors
- Picking on, making fun of, laughing at another skater
- Putting down or demeaning another skater
- Excluding someone from a social group (social isolation)

Bullying causes pain and stress to victims and is never justified or excusable as “kids being kids,” teasing, or any other rationalization. The victim is never responsible for being a target of bullying.

BY SIGNING THIS CONTRACT, I (the skater) _____, AGREE:

1. That I will value each skater’s difference and treat others with respect, dignity, and kindness.
2. That I have read, or had read to me, and understand the language above.
3. That I will not take part in any of the above behaviors that has been described as bullying.
4. **THAT I WILL NOT USE ANY FORM OF SOCIAL MEDIA (CYBERBULLYING) TO ENGAGE IN ANY TYPE OF BULLYING BEHAVIOR.**
5. That I may be dismissed from the Club if I engage in ANY behavior described above either on or offline.
6. That I will honestly and immediately report all incidents of bullying to the Skating Director or a Board Member.
7. That I will support skaters who have been or who are subjected to bullying.
8. To acknowledge that if I don’t report or try to stop bullying behavior, I am just as guilty as the bully.
9. That I will be a good role model for younger skaters.

Skater’s Signature Date

IF SKATER IS UNDER 18, PARENT/GUARDIAN MUST ALSO SIGN

BY SIGING THIS CONTRACT, I ACKNOWLEDGE:

1. That my child and I understand the language above
2. That I understand that if my child engages in any type of bullying either on or off-line my child is subject to being removed from the Club without any financial reimbursement.
3. That I will not engage in any bullying behavior, either on or offline, or I may be subject to being banned from practices, shows and/or any other function that the Board of Directors decides.

Parent/Guardian Signature Date: _____

Garden City Figure Skating Club

Volunteer Sign-Up Form

Throughout the skating year, many volunteers are needed to assist with special events such as the competition, testing, ice show, the club picnic, and other social events. In addition, committee chairpersons may need additional assistance on projects that arise during the season.

Please indicate below which volunteer spots you can fill, complete the bottom of this form and return it along with your membership form. Remember this is a great way to get to know others in the club, as well as fulfill your volunteer assessment hours.

_____ Fundraiser Coordinator _____ Christmas Party _____ Annual Ice Show

_____ Christmas Exhibition Announcer _____ Year-End Banquet

_____ Christmas Exhibition Set-Up/Tear Down

_____ Competition

Area(s) of interest: _____
(announcing; accounting; ice monitor; registration; music; club fundraising table; runners; set-up; judges hospitality; coaches hospitality room; practice ice monitor; crowd control; flowers; basket of cheer raffle; transportation; tear-down; etc.)

Previous experience _____

_____ Annual Ice Show

Area(s) of Interest: _____
(announcing, locker room mom; props; flower sales; ticket sales; 50/50 raffle; skater check-in/check-out; ticket taker; spotlight operator; back stage coordinator; etc)

_____ Other: _____

In addition, please list any special interests, talents, or skills you would like to make our membership aware of:

Name _____

Phone# (Home) _____ (Work) _____

Please return form with membership application

Skater Code of Conduct

As a member of our club, all skaters must always adhere to this Code of Conduct.

General Guidelines:

Garden City Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional, and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all home club, associate, non-members, and guests who purchase ice from the club and who participate in all club-related activities.

1. All skaters, regardless of whether they hold home club, associate, non-member or guest status must follow and uphold the tenets in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents of skaters, U.S. Figure Skating officials and guests.

2. Our club is committed to promoting a positive and friendly environment for all skaters. Remember 'The Golden Rule' —treat other people like you want to be treated—with respect.

Ice Etiquette and Safety:

1. While in lessons or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.

2. Skaters must skate with the flow of other skaters and familiarize themselves with the commonly used areas for jumps and spins.

3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment, and you will enjoy the same courtesy while you are performing your program.

4. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

Unsafe or Discourteous Behavior:

Unsafe or discourteous behavior of any kind will not be tolerated.

Violations and the manner in which they will be dealt with:

Violations of any tenets will be addressed at the time they occur depending upon the seriousness of the offense by a member of the club board of directors following the procedures outlined in the conflict resolution or grievance process.

First offense:

Club members will be addressed verbally (in private) regarding the violation.

Second offense:

If there is a second violation, the member will be removed from the activity and given a written warning. A face-to-face meeting with the member and/or member's parent or legal guardian may be in order.

Repeated offenses:

If the member continually violates any tenet of the code of conduct, repeat offenses will be taken very seriously by the club board of directors. Discipline may include loss of club privileges for extended

periods, and/or revocation of club membership.

I, _____ [member's name printed], have read the Code of Conduct, and agree to uphold all guidelines and tenets of this document.

Skater Name (printed)

Signature

Date

Parent Name (printed)

Parent Signature

Date

Parent Code of Conduct

Garden City Figure Skating Program is committed to creating a safe and positive environment for members' physical, emotional, and social development and ensuring that it promotes an environment free of misconduct.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord).

By signing below, I hereby agree that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
3. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
4. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. I will teach my child that doing his/her best is more important than winning.
6. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials, or volunteers in response to a poor performance or for any other reason.
7. I will do my best to always make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation, or ability. I will also act and report any acts of bullying, harassment, or abuse to the appropriate authorities.
9. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
10. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or

violence.

11. I will be a positive role model for my child and others.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.
13. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
14. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
15. I will respect my child's coach and refrain from "sideline" coaching my child or other skaters.
16. I agree to educate myself regarding the proper procedures to follow when establishing or terminating the coaching relationship and refrain from third-party solicitation as outlined on the PSA website.
17. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
18. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions, and test sessions.
19. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
20. I will support and respect all skaters and their right to participate.

Parent Name (printed)

Signature

Date

Coach Code of Conduct

Mission Statement: To provide a standardized guideline of ethics, standards and conduct to ensure the quality, integrity and moral environment of U.S. Figure Skating, its member clubs and programs.

Purpose: Garden City Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. This information is intended to provide both the general principles and the decision rules to cover most situations encountered by coaches and instructors. It has, as its primary goal, the welfare and protection of the individuals and groups with whom coaches work.

It is the individual responsibility of each coach to aspire to the highest possible standards of conduct. Above all, coaches of young people can have great influence on developing athletes who are reliant on these coaches for the basic instruction and guidance necessary to reach the top levels. Coaches can have tremendous power over these athletes in their quest to the top. This power must not be abused. Therefore, we have set forth these codes of ethics and conduct to guide our coaches and protect our athletes for the mutual benefit of all concerned.

General Principles:

- **Competence:** Coaches must strive to maintain high standards of excellence in their work. They should recognize the boundaries of their competencies and the limitations of their expertise. They should provide only those services and use only those techniques for which they are qualified by education, training and/or experience. In those areas where recognized professional standards do not yet exist, coaches must exercise careful judgment and take appropriate precautions to protect the welfare of those with whom they work. They shall maintain knowledge of relevant scientific and professional information related to the services they render, and they must recognize the need for ongoing education. Coaches should make appropriate use of scientific, professional, technical, and administrative resources.
- **Integrity:** Coaches should seek to promote integrity in their coaching profession. Coaches should always be honest, fair, and respectful of others. They must not make representations about their qualifications, services, products, or fees that are false, misleading, or deceptive. Coaches should strive to be aware of their own belief systems, values, needs and limitations and the effect of these on their work. To the extent feasible, they should attempt to clarify for relevant parties the roles they are performing and to function appropriately in accordance with those roles. Coaches must avoid conflicts of interest.
- **Professional Responsibility:** Coaches must uphold professional standards of conduct, clarify their professional roles and obligations, accept appropriate responsibility for their behavior, and adapt their methods to the needs of different athletes. Coaches should consult with, refer to, or cooperate with other professionals and institutions to the extent needed to serve the best interest of their athletes, or other recipients of their services. Coaches should be concerned about the ethical compliance of their colleagues' conduct. When appropriate, they should consult with their colleagues to prevent or avoid unethical conduct.
- **Respect for Participants and Dignity:** Coaches shall respect the fundamental rights, dignity and worth of all participants. Coaches must be aware of cultural, individual and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status. Coaches must eliminate the effect on their work of biases based on those factors, and they do not knowingly participate in or condone unfair discriminatory practices.
- **Concern for Others Welfare:** In their actions, coaches must consider the welfare and rights of their athletes and other participants. When conflicts occur among coaches' obligations or concerns, they should attempt to resolve these conflicts and to perform their roles in a responsible fashion that avoids or minimizes harm. Coaches shall be sensitive to differences in power between themselves and others and should not exploit nor mislead other people during or after their relationship.
- **Responsible Coaching:** Coaches must be aware of their ethical responsibility to the community and the society

in which they work and live. Coaches must comply with the law and encourage the development of law and policies that serve the interest of sport or activity. The coach shall strive to serve as a leader and model in the development of appropriate conduct for the athlete both within and beyond the U.S. Figure Skating setting. The coach shall strive to use strategies in practice and competition that are designed to encourage play within the letter and spirit of the rules. The coach shall strive to keep the concepts of winning and losing in proper perspective. The coach shall strive to enforce policies and rules with fairness, consistency, and an appreciation for individual differences.

Ethical Standards:

- Compliance with Rule Requirements: All coaches must complete all annual coaching member requirements set forth by U.S. Figure Skating Rules and the PSA that apply to them by the appropriate deadlines.
- Competence: Coaches should not undertake these duties until they have first obtained the proper training, study, and advice that they are competent to do so.
- Maintaining Expertise: Coaches should maintain a level of expertise through continued education and experience and shall strive to acquire additional education and experience through sources available to them.
- Respecting Others: Coaches shall respect the rights of others values, opinions and beliefs even if they differ from their own.
- Nondiscrimination: Coaches must not engage in discrimination based upon age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, socioeconomic status, or any other basis as proscribed by law.
- Sexual Harassment: Coaches must not, under any circumstances, engage in sexual harassment which includes solicitation, physical advances, verbal, or non-verbal conduct which is sexual in nature and will respond to complaints of such a nature to respondents with dignity and respect
- Personal Problems or Conflicts: Coaches should have a responsibility to be aware if there are personal problems or conflicts which may affect their ability to work with athletes. They should also be able to identify problems affecting their athletes, which could potentially create situations that place their athletes in harm or danger of injury, and take the appropriate steps to remove the athlete from this environment. Further, any person who makes groundless allegations or complaints of abuse or harassment may be subject to disciplinary action per Article XXV, Section 3B, of the U.S. Figure Skating bylaws.

Coaches Code of Conduct:

- Must obey and abide by all U.S. Figure Skating published rules, regulations, and procedures.
- Shall maintain exemplary standards of personal conduct.
- Must obey all state, national and international laws.
- Must not use alcohol, illegal drugs, or substances, which could impair ability or judgment as a coach.
- Must refrain from using any profane or abusive language.
- Must not engage in sexual harassment or sexual misconduct with any athlete.
- Must teach and support the athletes fairly and equitably.
- Never discriminate against any athlete.

I understand that as a U.S. Figure Skating member coach, I have assumed certain responsibilities to prepare, develop and be an advocate and role model. I agree to the “Coaches Code of Conduct,” have read the “Coaches Code of Conduct” and understand what is expected of me.

Signature

*Also refer to the PSA Code of Ethics and Tenets of Professionalism for more information.

Garden City Figure Skating Club Professional Information

For Professionals/Coaches only

Are you a member of:

PSA _____ Current Rating: _____

ISI _____ Current Rating: _____

How many students will you be teaching on club ice?

_____ What is your current hourly fee? _____

List other arenas you are currently teaching at; number of days and discipline.

Arena: _____ Days: _____ Discipline: _____

Arena: _____ Days: _____ Discipline: _____

Arena: _____ Days: _____ Discipline: _____

Which competitions did your students attend last season?

Did you attend and/or participate in any event that you feel helped maintain or improve your teaching skills? Please list:

In what capacity did you participate in last season's Ice Show?

Please list your current students, their current level and how long you have been teaching them.

Student Current Level Approximate years teaching time

Return Check List:

1. Return the completed GCFSC application including: Health Consent form, GCFSC Ice Rules form, Anti Bullying contract, Skater Code of Conduct, Parent Code of Conduct (if applicable), Coach Code of Conduct (if applicable), Professional Information (if applicable) & Volunteer Sign-Up Form
2. Make checks payable to **GCFSC** (including Volunteer fee, if applicable)
3. Mail to:

Garden City Figure Skating Club
 Membership Chair
 29933 John Hawk
 Garden City, MI 48135

Garden City Figure Skating Club Volunteer Form

A total of 10 volunteer hours (5 hours for 2nd club members) are required. All activities must be club related. List the activity and hours worked and have the chairperson sign your form.

Activity Chairperson's Signature Hours

This form must be returned with your 2024-2025 membership application to receive credit for your volunteer hours. If this form is not included, you will need to pay the volunteer service fee.